

Day 1

Meet up at Ikebukuro Station at **8:00**
leave as a group.

9:09 Depart from Tokyo Station (Shinkansen)

11:21 Arrive at Kyoto Station

11:45 Lunch at *Kyoto Hananomai* 京都花の舞

13:15 *Fushimi Inari Taisha* 伏見稲荷大社

<http://inari.jp/en/>

For your first activity,

15:00 *Yatsushashi-an Shisyuyakata*

八つ橋庵とししゅうやかた

<http://sisyu.yatuhasian.jp/>

Sweets making experience



For your second activity, you will learn how to make a *Wakashi* 和菓子, a type of traditional Japanese sweet.

17:00 Arrive at *Mitsui Garden Hotel Kyoto Shijo*

<https://www.gardenhotels.co.jp/kyoto-shijo/>

Stop by your hotel to drop off your luggage

18:30 Dinner at *Kyokaiseki Minokichi*

Torimaru Shijo

<https://www.minokichi.co.jp/shops/12>

Kyoto Excursion

October 8th to 10th

Day 2

Free Day!



6:30 breakfast @ hotel restaurant

On day 2 you get to be the tour guide and decided everything! From the time you wake up to the time you go to bed.

So, start thinking where you'd like to go!



Day 3



6:30 breakfast @ hotel restaurant

9:00 Leave the hotel

9:30 *Tenryu-ji Temple* 天龍寺

<http://www.tenryuji.com/en/>

For your first activity, you will experience Zazen 座禅 at Tenryu-ji

Walk around *Arashiyama* 嵐山 area.
(Free time until Lunch)

12:00 Lunch at *Restaurant Arashiyama*

13:45 Head to the Kyoto Station

15:01 Depart from Kyoto Station
Shinkansen to Tokyo Station

17:15 Arrive at Tokyo Station
This concludes the Kansai Excursion.

Day 1

Breakfast **On your own**

Lunch

Will be at a place called Kyoto Hananomai.

(京都花の舞)

Your lunch is

Katsutoji set meal.



***If you have any food allergies, notify the IEO in advance.*

Dinner

at the Kyokaiseki Minokichi

Torimaru Shijo



Food Plan

Day 2

Breakfast

Will be provided at the hotel.

It is set menu.

The starting time is 6:30



Lunch & Dinner

On your own

Eat something yummy!

Day 3

Breakfast

Will be provided at the hotel.

It is set menu.

The starting time is 6:30

Lunch

Will be at Restaurant Arashiyama.

Your lunch is Kyoto Vegetable Pot(京野菜鍋).

<https://www.r-arashiyama.com/index.html>



***If you have any food allergies, notify the IEO in advance.*

Dinner **On your own**