

Day 1

Gather at Ikebukuro Station at 8:00
leave as a group.

9:10 Depart from Tokyo Station (Shinkansen)

11:25 Arrive at Kyoto Station

12:00 Lunch at *Kyoto Hananomai* 京都花の舞

13:15 Arrive at *Mitsui Garden Hotel Kyoto Shijo*
You will first visit your hotel where you will be able to drop off your luggage.

⇒ Leave for Fushimiinari-taisya

14:00 *Fushimiinari-taisya* 伏見稲荷大社
<http://inari.jp/en/>

15:45 *Yatsushashi-an Shisyuyakata*
(八つ橋庵とししゅうやかた)
<http://sisyu.yatuhasian.jp/>
Sweets making experience
*See below for more information.

18:00 Back to the hotel (Free Time until Dinner)

19:30 Dinner at *Ninja Kyoto Restaurant*
忍者京都 <http://www.ninja-kyoto.co.jp/>

For your first activity you will be learning how to make a type of *Wagashi*. *Wagashi* is a traditional Japanese sweet. If you would like to make a 2nd type of wagashi you can pay the difference and make another.



Kyoto Excursion

May 29th to 31st

Day 2

Free Day!



You will be provided with a one day subway & bus pass!

It will allow you to travel anywhere in Kyoto City.

*Optional: If you pay 2,800 yen, you can change the rail & bus pass in Kyoto City to JR rail pass in Kansai area.

On day 2 you get to be the tour guide and decided everything! From the time you wake up to the time you go to bed.
So, start thinking where you'd like to go!



Day 3

9:00 Leave the hotel

9:45 *Tenryu Temple* 天龍寺
<http://www.tenryuji.com/en/>

For your second activity, you will experience Zazen 座禪 at Tenryu-ji

Walk around *Arashiyama* 嵐山 area.
(Free time until Lunch)

11:30 Lunch at *Restaurant Arashiyama*

13:30 Back to the hotel to pick up your luggage and go to Kyoto Station

14:56 Depart from Kyoto Station
Shinkansen to Tokyo Station

17:13 Arrive at Tokyo Station
This concludes the Kansai Excursion.

Day 1

Breakfast **On your own**

Lunch

Will be at a place called Kyoto Hananomai.

(京都花の舞)

Your lunch is ????.



***If you have any food allergies, notify the IEO in advance.*

Dinner

Will be at a place called Restaurant NINJA KYOTO.

(にんじゃきょうと) <http://www.ninja-kyoto.co.jp/>



Food Plan

Day 2

Breakfast

Will be provided at the hotel.

It is buffet style.

The times are 6:30 to 9:30



You can visit this page to see what kinds of food are available.

<http://www.hearton.co.jp/kyoto/breakfast/>

Lunch & Dinner

On your own

Eat something yummy!

Day 3

Breakfast

Will be provided at the hotel.

It is buffet style.

The times are 7:00 to 9:00

Lunch

Will be at Restaurant Arashiyama.

Your lunch is ????.

<https://www.r-arashiyama.com/index.html>



***If you have any food allergies, notify the IEO in advance.*

Dinner **On your own**